

# Listen Up

Your ears could be telling you something



Do you often find yourself asking others to repeat themselves? Is there a constant ringing in your ears? If so, your ears could be trying to tell you something.

## What causes hearing loss?

Hearing loss is caused by temporary obstructions in the outer or middle ear or permanent damage to the tiny hairs in the inner ear. Common causes of damage include exposure to noise, aging, other health conditions, and certain medications.

## When should I get my hearing checked?

Hearing loss can come gradually. You may not even notice it's happening. If your hearing test reports your hearing is okay, stick to once every three to five years. You should test your hearing more often if you are 55 or older or are experiencing any of the following:

- **Consistent exposure** to loud noises
- **Ringing** in your ears
- **Difficulty understanding** in noisy environments or in groups
- **Hearing mumbling** or feeling as though people are not speaking clearly



# 1 in 9

Americans have hearing loss. By 2030, that number is expected to double.<sup>1</sup>

Delta Dental of Iowa now offers hearing discount benefits.

[See back for benefit information >>](#)

FOR MORE INFORMATION

Call [866-925-1698](tel:866-925-1698)

or visit [deltadentalia.com/hearing](https://deltadentalia.com/hearing)

<sup>1</sup> <https://www.asha.org/articles/untreated-hearing-loss-in-adults/>

# Worried about your hearing? We have you covered.

If you think you may have hearing loss, don't worry. Delta Dental of Iowa has teamed up with Amplifon to offer you quality hearing care.

	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5
<b>Hearing Aid Features</b>	Standard features	Additional, easy-to-use functions	Designed for work and play	Enhanced to keep you on the go	Leading technology keeps you connected
<b>One Simple Price</b>	\$995/ear	\$1,295/ear	\$1,495/ear	\$1,895/ear	\$2,195/ear

**Complimentary Aftercare\***

- Risk-free trial** - find your right fit by trying your hearing aids for 60 days
- Follow-up care** - ensures a smooth transition to your new hearing aids
- Battery support** - battery supply or charging station to keep you powered
- Warranty** - 3 year coverage for loss, repairs, or damage

\*Risk-free trial - 100% money back guarantee if not completely satisfied, no return or restocking fees. Follow-up care - for one year following purchase. Batteries - two year supply of batteries (80 cells/ear/year) or one standard charger at no additional cost. Warranty - Exclusions and limitations may apply. Contact Client Services (1-844-267-5436) for details.

Amplifon Hearing Health Care is solely responsible for the administration of hearing health care services, and its own financial and contractual obligations. Delta Dental of Iowa and Amplifon are independent, unaffiliated companies. The Amplifon Hearing Health Care discount program is not approved for use with any 3rd party payor program, including government and private third-party payor programs. Hearing services are administered by Amplifon Hearing Health Care, Corp.

Take advantage of these benefits and start hearing better today!

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