

GreenState Credit Union now covers Regenexx services

Regenexx Treatment for Orthopedic Injuries

Regenexx provides patients with an alternative to orthopedic surgery by using your body's own healing agents to treat orthopedic issues. We've been using regenerative medicine to treat common orthopedic conditions since 2005 and are the world leaders in the field. We're able to replace up to 70 percent of orthopedic surgeries with our minimally invasive, needle-based procedures that offer lower risk and much faster recovery times.

Regenexx Evaluations

Regenexx patients start with a thorough evaluation with one of our expert physicians so that we're confident that we're not just treating a symptom but are addressing the root cause of your pain. This evaluation includes a review of the injury under ultrasound imaging, which allows us to see your tissue in motion. We also review static imaging to get a full picture of your orthopedic condition. During this evaluation, we'll determine whether you are a good candidate for a **Regenexx** procedure, and if so, we'll recommend the appropriate treatment option.

Your Regenexx Benefit

Regenexx is covered as an in-network benefit within the GreenState Credit Union health plan. In-network benefits for specialist services within your plan and in-network co-pay, co-insurance, deductible, and out-of-pocket coverage apply for all Regenexx services. Non-Regenexx services may fall under a different benefit level, and may or may not be treated as in-network.

Our Procedures

Regenexx procedures are same-day, outpatient services. In the morning, we'll draw blood or harvest bone marrow from the iliac crest of the hip. Most patients report that this draw is no more than three on a pain scale from one to ten.

Our on-site lab technician will create orthobiologics by concentrating down to the cells responsible for helping your body repair damage to bone, muscle, tendon, ligament, and cartilage. We run a count of relevant healing cells to ensure that we're delivering a sufficient and effective dose. Our physician uses extremely accurate ultrasound guidance to inject those cells into the precise areas of your injury.

Concentrations, amounts, and choice of orthobiologics depends on your customized treatment plan. Following your **Regenexx** procedure, you'll be asked to refrain from heavy activity for at least six weeks while the new tissue grows and begins to mature. Most patients see continued improvement for six months or more.


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SPINE

- bulging, collapsed, or herniated disc
- ruptured or torn disc
- degenerative disc disease
- disc extrusion
- disc protrusion
- back or neck nerve pain

KNEE

- arthritis
- meniscus tear
- sprain or tear of ACL/PCL
- sprain or tear of the MCL/LCL
- tendinopathy
- joint replacement

SHOULDER

- arthritis
- rotator cuff tears
- labral tear
- rotator cuff
- tendinosis
- joint replacement

HIP

- osteonecrosis
- bursitis
- labral/labrum tear
- tendinopathy
- joint replacement
- arthritis

ANKLE/FOOT

- arthritis
- instability
- bunions
- ligament sprain or tear
- plantar fasciitis
- achilles tendinopathy

HAND/WRIST/ELBOW

- arthritis
- tennis elbow
- nerve entrapment
- CMC joint arthritis (thumb)
- carpal tunnel
- trigger finger


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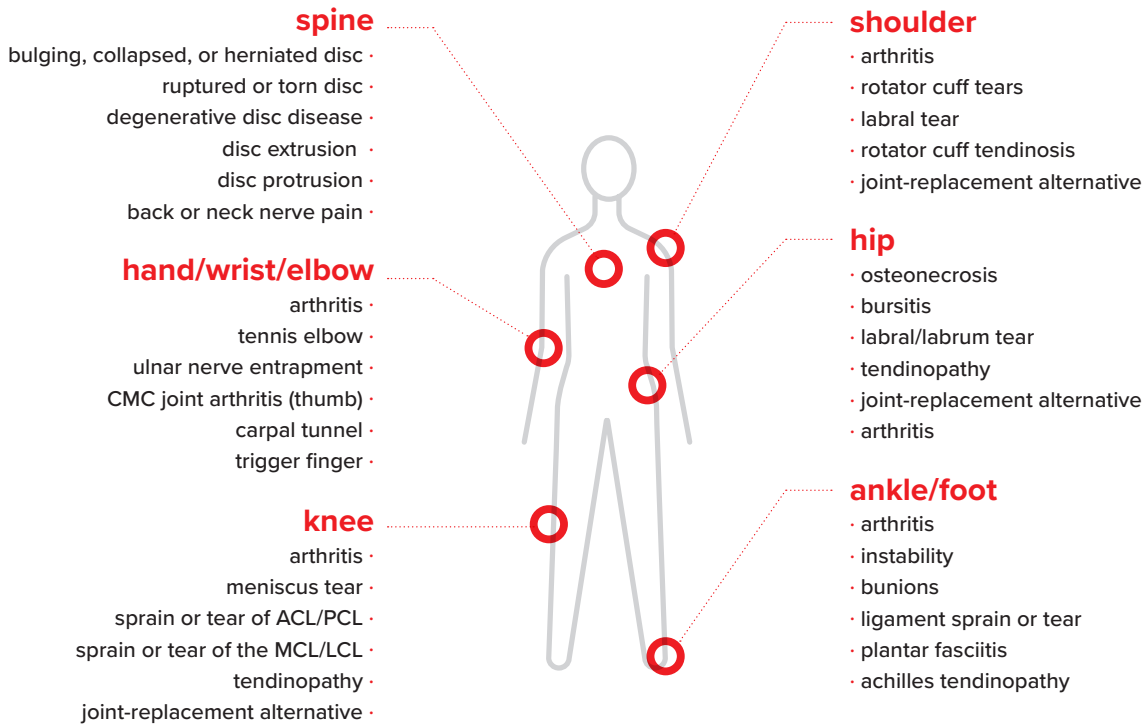
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What Conditions Does Regenexx Treat?

If you have pain, we're here to help. **Regenexx** procedures treat a wide range of common joint injuries and degenerative joint conditions such as:



Learn More About Regenexx and Your Benefits

For an in-depth overview, **Regenexx** hosts weekly informational sessions where you can learn about **Regenexx** and how our procedures may be able to help treat your orthopedic pain. You'll also have the opportunity to ask questions about your benefits. Follow the QR code or visit the address below to register for a webinar. Scheduled dates and times are updated regularly.

regenexxbenefits.com/webinar?card



treating orthopedic injuries non-surgically
covered benefit

[name of person covered]

Questions about your benefits or treatment options?
Call your dedicated Regenexx Patient Liaison.

866-517-4946

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