

# REAL PEOPLE. REAL HELP. 24/7.

Life can get stressful sometimes. Like when your toddler has a fever at midnight, or you're trying to help an elderly parent schedule a medical appointment. Luckily, there's BeWell 24/7<sup>SM</sup>, a service exclusively for Wellmark members.

It's so much more than a nurse line. It's real help from real people 24/7. With BeWell 24/7, you'll have access to:



BeWell 24/7<sup>SM</sup>

844-84-BeWell

- 1 HEALTH ADVOCACY** — Get personalized help coordinating care, locating specialists, scheduling home-care services, transferring medical records and more.
- 2 NURSE SUPPORT** — Having side effects from a new drug? Want to better understand a diagnosis? A registered nurse can provide trusted insight and recommend next steps.
- 3 CARE NAVIGATION** — Receive information from health professionals who can help you better understand your health condition and learn more about how Wellmark can help.



**GET EVEN MORE ANSWERS WITH myWELLMARK.** Use myWellmark to access all your health information in one place. **Register at Wellmark.com**

Wellmark complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, los servicios de asistencia de idiomas se encuentran disponibles gratuitamente para usted. Comuníquese al 800-524-9242 o al (TTY: 888-781-4262).

注意：如果您说普通话，我们可免费为您提供语言协助服务。请拨打 800-524-9242 或（听障专线：888-781-4262）。

ACHTUNG: Wenn Sie deutsch sprechen, stehen Ihnen kostenlose sprachliche Assistenzdienste zur Verfügung. Rufnummer: 800-524-9242 oder (TTY: 888-781-4262).



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